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123 QUESTIONS FOR...



Dr Sarah Dauchy,
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What is the Molitor Évasion programme?

Molitor Évasion is a novel fitness programme established in May 2015 for Gustave Roussy patients. Its generous sponsors are AccorHotels, Clarins, Colony Capital and Molitor. It has three aspects: sport, mindfulness and beauty treatment. Each year around a hundred of the Institute's patients enjoy it free of charge in the sumptuous Molitor premises in Paris. This is a real therapeutic tool: well-being, strengthening muscle, improving sleep, etc. But the therapeutic benefits extend beyond this: relieving patients of their sense of isolation, reconciling them with their bodies, and, in addition, managing periods of stress or anxiety better.

How is the programme going to develop in the future?

We are hoping to make this programme a permanent one and, in the medium term, roll out other similar projects, as Molitor can only take on 80 patients. We are working on a Wellness Centre plan at the Institute within the context of the Infiniment Vous programme.

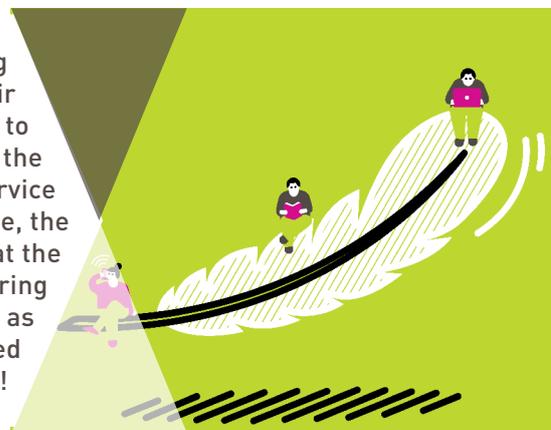
Does this represent an innovative approach towards services offered to patients?

Gustave Roussy is unique in offering such a programme, combining medical care at Gustave Roussy, CAMI (National Federation for Sport and Cancer) sports training for cancer patients, and access to the Molitor premises. This is a partnership in which each organisation has its role. It is a model we can build on with our partners, to develop other patient-support initiatives. ■

NEWS

THE INFINIMENT VOUS PROGRAMME EXCELLENCE IN CARE AND SERVICE EXCELLENCE

Gustave Roussy is recalibrating services for patients and their families, to range from care to taking care. By launching the "Infiniment Vous, spirit of service at Gustave Roussy" programme, the Institute is placing the patient at the centre of its concerns, so offering continuing compassion as well as care. Gustave Roussy is committed to taking its services forward!



Gustave Roussy is a driver of scientific and technological progress but it also incarnates another vision of the hospital: a new model of excellence based on humanity and service to benefit the patient. It is launching the "Infiniment Vous, spirit of service at Gustave Roussy" programme and reinventing the concept of service within a hospital dedicated to patient care and to research.

From care to taking care

In this programme Gustave Roussy thinks of the patient in the round: firstly as a patient at the centre of medical attention, but also as an individual in need of kindness and ease, of greater independence and of personalised human relations. "Infiniment Vous" has been created taking account of observations and emotions expressed by patients and medical staff with the aim of increasing trust, offering support during treatment and building a new environment. Five themes have been identified to follow this through:

- Communicating, to strengthen bonds with the patient;
- Welcoming, so the patient is supported at every stage of the care pathway;
- Taking care of oneself, to reconcile the

patient with his/her body;

- Offering services which make hospital stays easier;
- Monitoring, so as always to be aware of the patient's needs and expectations.

A programme looking to 2020

Some of the services which inform this programme are already in place or being set up; others are still at the planning stage. With its "Infiniment Vous" programme, the Institute is committed to implement these during the next four years and make them permanent. These arrangements are contributing or will do so to improving patient care. As an example we can take the refashioning of the entire reception system with digital display screens in the waiting areas, new signage and orientation posts. Others include Molitor Évasion (an innovative fitness programme), provision for periods of relaxation (beauty care, sophrology, relaxation therapy and martial arts) and MyHospifriends, a dedicated social medium network for patients. This programme is completely embedded in the Institute's Hospital Plan and publicized in its Innovation Manifesto. It is and will be largely financed through appeals to the public's generosity and that of sponsors. ■

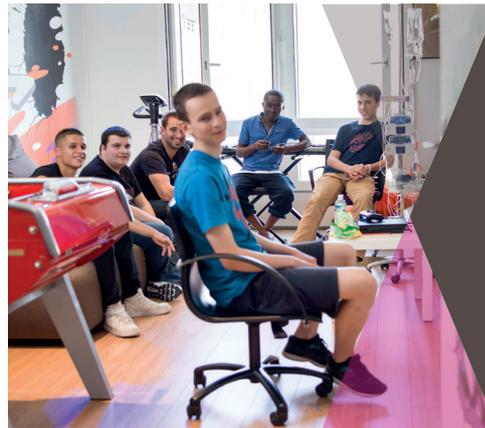


Margaux, aged 14, was looked after at Gustave Roussy for a brain tumour. She started fund-raising for research in Paediatrics. When she died in 2011 her parents, Patricia and Olivier Blanc, founded the charitable association Imagine for Margo with the objective of speeding up research in childhood cancer. "We decided to transmute this terrible ordeal into a fight to ensure that European research into new cancer treatments did not forget children, frequently neglected by the drug companies."

The association keenly supports the development of innovative clinical trials sponsored by Gustave Roussy and conducted at the European level through the ITCC (Innovative Therapies in Childhood Cancer) network. Of these, the eSMART trial, a project on precision medicine in childhood cancer, which is unique in the world, is led by Dr. Birgit Georger and is soon to start. In 4 years the association has disbursed 2.3 million Euros for research, 1 million of which has gone to the eSMART project, as a result of the "Children without cancer" 2015 run. Outside its work for research, Imagine for Margo also organises cultural workshops and leisure activities to brighten up the day-to-day life of children who are inpatients at Gustave Roussy.

Because it is convinced of the need to get European regulations changed in order to facilitate companies' investment in Paediatric Oncology research, the association attends many Conferences. It also organises its own meeting "Towards research specific to childhood cancer" in order to review access for children and adolescents to advances in treatment and precision medicine. The 3rd such meeting took place last 20th February at the Luxembourg Palace. ■

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PAEDIATRIC CANCER, INNOVATING TODAY FOR BETTER TREATMENT TOMORROW

More cures and better cures. With the dual purpose of improving survival and reducing sequelae, Gustave Roussy is contributing to ambitious research programmes in Paediatric Oncology and to the management of young adults.

Two novel trials devoted to children and adolescents

Today, less than 10% of young patients in Europe in relapse have access to a new drug. For Professor Vassal, Director of Clinical Research, "The issue is to speed up access to novel treatments for children and adolescents with treatment failure." To achieve this, the Institute is embarking on two new clinical trials. Since late December 2015, MAPPYACTS has been determining the molecular portrait of 300 young patients. The ImmunoACTS study is integrated with this project and seeks to characterize the immune cells which are present. The long-term objective is to develop bespoke drugs able to block the immune cells which are responsible for the observed resistance to treatment.

The AcSé-eSMART trial, which will commence shortly, will test several novel agents in 250 children. It is hoped over 2 years to double the number of new drugs tailored to the defined molecular portraits.

A long-term follow-up clinic

Whereas progress in recent decades means that 80% of young patients can be cured, almost 2/3 of them run the risk of sequelae. Assessing in adult life the consequences of treatments administered to patients in childhood is also a way of improving the management of children who are being treated today. Gustave Roussy has, therefore, established a Long-Term Follow-up Clinic to inform patients and to detect and treat late complications in adults whose childhood cancer was cured. ■

EVENT THE CHILDREN SPEAK!



Following the existing model of the Adult Council, Gustave Roussy is establishing in 2016 the first Children's Council within a French hospital.

The theory? The council will consist of children and adolescents aged from 6 to 18 years, either ill themselves or who have a parent, brother or sister affected by cancer. They are invited to share their ideas for improving treatment and day-to-day life for children who face the disease.

This has been created on the initiative of Gustave Roussy Psycho-Oncology Unit in partnership with the Department of Paediatrics and the charitable association, Les Amis de Mikhy. The Children's Council is charged with listening to what children have to say and passing this on to management and clinical care teams. The first meeting of the Children's Council took place on 17 February and it will meet three times per year to consider various projects.

Information and registration on 01 42 11 46 30. ■

